

## 'Buy local' promo a great idea

Congrats to Greater Mankato Growth on the decision to promote buying locally.

The Mankato Farmers' Market is a great way for all people who eat to begin the process.

All produce is grown within a 45-mile radius of Mankato reducing carbon dioxide production and providing more nutritious foods. The other secret is that one meets more people one knows on the Market street than in the grocery store. Restaurants who also buy locally will help to make us healthier while providing better tasting food.

I am an artisan bread baker. Come to the market Saturday mornings or Tuesday and Thursday afternoons for the best products and produce in town. Buy local and keep the money circulating around the Mankato area.

*Linda Engstrom Mankato*

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